

# Heartwarmer

Designed by: Krystina Hopkins  
Sizes: Mug Rug: 8.5 x 8.5in

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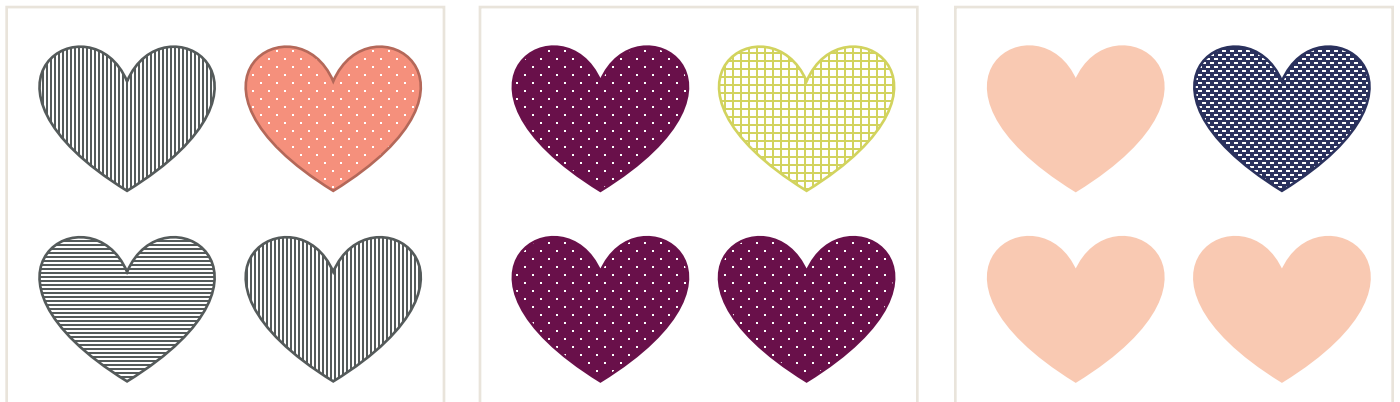
**KH Quilts**

Modern, Functional Textiles

# Heartwarmer

A fast and cute Valentines gift idea for your girlfriends, your kid's teacher, or just for you! Treat yourself and get that cute mug you've been eyeing up too!

This is a great way to mix and match and use up itty-bitty scraps of your favorite treasured prints. Try something unexpected! Tips are included throughout for good tutorials on needle-turn applique and other techniques if you are trying something new.



## Materials

Overall fabric requirements are not included because this is intended as a scrapbuster. As long as you have scraps at least 9x9 or fat quarters, you'll be set! The number of pieces is given in parentheses, and dimensions follow in inches.

Color	Dimensions
Color A ( <i>background</i> )	(1) 8.5 x 8.5
Color B ( <i>hearts</i> )	(4) 3.5 x 3
No binding necessary!	
Backing / Batting	8.5 x 8.5

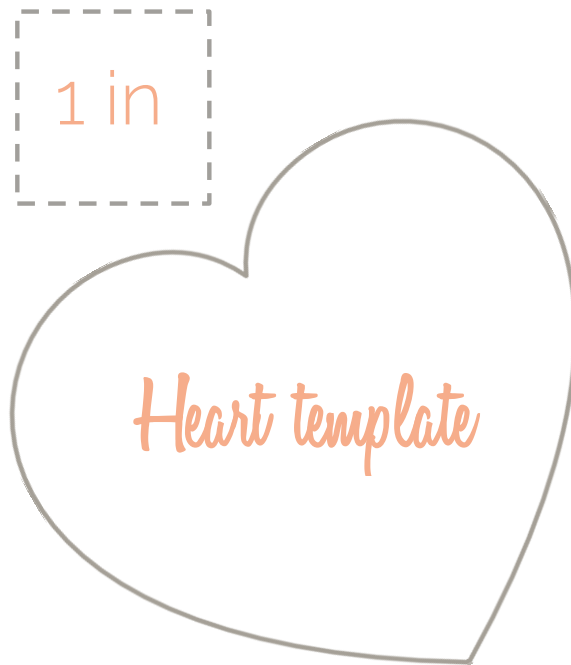
Instagram

@khquilts  
#KHQheartwarmer  
#heartwarmermugrug

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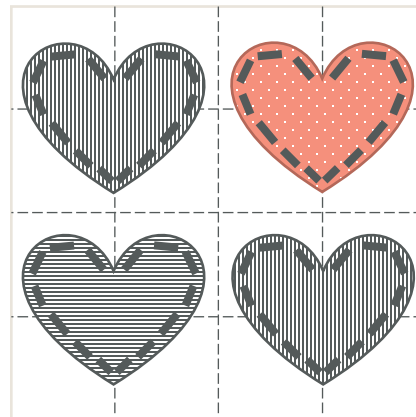
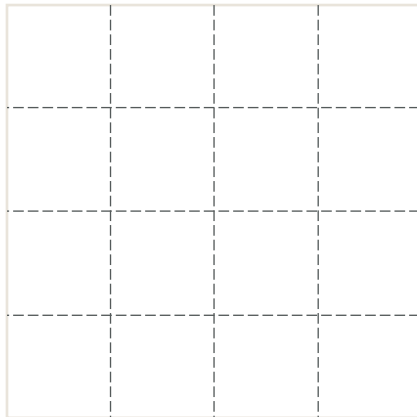
## Hearts

- 1- Print this page, making sure that you remove any scaling options. Double-check that the template is the right size by measuring the "1 in" box!
- 2- Cut out the heart template on the left
- 3- Trace around the template onto each Color B/heart block, leaving a  $\frac{1}{4}$ " space between the template and your line. The  $\frac{1}{4}$ " extra is your seam allowance.



## Assemble Top

- 4- Fold your 8.5"x8.5" Color A block in half both ways, and then fold each side into the middle and finger press. Your creases should look like the dashed lines below.
- 5- Pin your hearts to the intersection of each quarter and hand-baste using a long running stitch. If using raw-edge applique, you can skip the basting!



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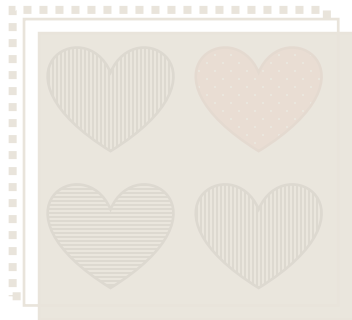
## Finish Quilt

6- Applique your hearts! If you need tutorials, you can find great ones from Suzy Quilts:

- [Needle-turn applique](#)
- [Raw-edge applique](#)

7- Remove basting stitches and iron with steam to remove creases.

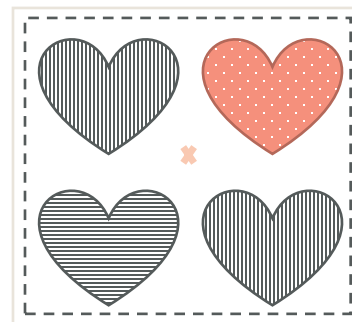
8- Make a quilt sandwich by laying down batting first, followed by your top face-up and then your backing face-down. All pieces should be the same size.



9- Sew a ¼" seam around the outside edge, leaving a 3" space on one side.



10- Pull the quilt right-side out, iron the opening edges in, and sew a 1/8" top-stitch seam. [Tutorial here!](#) Quilt or tie as desired.



KH Quilts - Minneapolis, Minnesota

Etsy: [www.etsy.com/shop/khquiltsstudio](http://www.etsy.com/shop/khquiltsstudio)

Blog: [www.khquilts.com](http://www.khquilts.com)

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*Krystina Hopkins*

